#### Hello Community Members,

With all this fresh snow and a long weekend coming up, I'd like to wish you all a well deserved, safe and restful Family Day Week. For those observing the celebration of love, whether self-care love or romantic – A Very Happy Valentine's to you. I personally want to thank everyone who practices pandemic safety protocols, keeping only to household socializing, staying in your community, and keeping 2 meters distance. We know that most British Columbians are doing exactly this, so thank-you!

### Family Day COVID safe – BC Supported Activities

There are many free and safe activities you can do this Family Day. The B.C. government is providing more than \$280,000 to support free Family Day activities through participating recreation centres, parks, cultural centres and museums. Check out opportunities in Courtenay-Comox here:

https://www2.gov.bc.ca/gov/content/governments/celebrating-british-columbia/bc-family-day

## Happy New Year

A very special greeting to all our friends celebrating Lunar New Year tomorrow. At this special time of the year, I wish you a warm and festive celebration with your household, and health and prosperity in the coming Year of the Ox.

# For Seniors – call 211 for anything!

For our seniors out there, it's February 11, 2021 – which is a reminder of 2/11 here in BC – the great telephone resource. British Columbians can access supports and services to help guide them through the most uncertain and tumultuous time in modern history. When you dial 211 or check out <a href="www.bc211">www.bc211</a> online, you can connect to services through Better at Home, like social telephone visits, grocery

services, and prescription refill services. 211 is a full information hub to help you. 211 is free, confidential, and available 24/7, 365 days a year in 150+ languages.

Thanks to a \$50 million dollar boost to United Way from BC Ministry of Health in the early days of the pandemic, 211 service has been expanded to every corner of the province. Anyone in British Columbia can dial or text 2-1-1 or visit bc211.ca to reach a 211 Navigator. Navigators help connect people with the programs and services they need in their communities including available COVID-19 relief programs, securing food, utility relief, employment support and so much more. This helpline is the front door to critical government and community programs and services.

My constituency office is available by phone or email. The office is open Monday to Thursday 10am-4pm, and Fridays by appointment only. You can reach us at 250.703.2410 or Ronna-Rae.Leonard.MLA@leg.bc.ca if you have any questions or need assistance with provincial supports.

Sincerely, Ronna-Rae Leonard MLA Courtenay-Comox

#### **COVID Resources:**

- For medical info, visit bccdc.ca or call 811
- For provincial supports and BC's Restart Plan, visit <a href="mailto:gov.bc.ca/covid19">gov.bc.ca/covid19</a> or call 1-888-COVID-19 (1-888-268-4319) or text 604-630-0300
- For employer guidelines on returning to work safely, visit <u>WorkSafeBC</u>
- Take the self-assessment at covid19.thrive.health
- For seniors looking for additional support, or for those looking to support seniors, call 2-1-1 or visit <u>bc211.ca</u>

Facebook: <a href="https://www.facebook.com/RonnaRaeLeonard/">https://www.facebook.com/RonnaRaeLeonard/</a>

Instagram: @ronnaraeleonard

Youtube: <a href="https://www.youtube.com/channel/UCYLQfuaKQV-itCluryo2hQg">https://www.youtube.com/channel/UCYLQfuaKQV-itCluryo2hQg</a>

Website: http://ronnaraeleonard.ca/

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Ronna-Rae Leonard MLA for Courtenay-Comox 437  $5^{\rm th}$  St, Courtenay BC

Ph: 250-703-2410

Community Office Hours: Monday to Thursday, 10 am to 4 pm MY OFFICE REMAINS OPEN TO ASSIST BY PHONE OR EMAIL

www.ronnaraeleonard.ca



It is a privilege to live and work on the traditional lands of the K'omoks First Nations.

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